



Introduction

Turas is a not-for-profit community addiction service based in Dundalk, Co. Louth. We work with people from across the North East who struggle with addiction issues.

Through motivational work, harm reduction, one-to-one counselling and group therapy we support them to deepen their recovery and forge new lives for themselves.

Our aim is to create a warm, welcoming and non-judgemental space where people can receive support with their addiction.

Our values:

Acceptance – we understand the unique challenges and experiences of each individual

**Compassion – we provide a welcoming, compassionate
And trusting environment**

Dignity –we respect and support people to develop their own potential

Jobs Description and criteria

Counselling Post

Title:	Counsellor
Salary:	€33,501pa for 4 days
Contract:	Permanent (funding dependant)
Reporting to:	Lead Programme Facilitator

Principal Duties and Responsibilities

- To provide one-to-one counselling/psychotherapy to clients in recovery from addiction who are attending Turas.
- To undertake assessments and brief interventions with Turas clients and to advise on specialist referral where appropriate (treatment services, GP's, psychiatry etc).
- To undertake a variety of therapeutic interventions and support, demonstrating innovative and good practice at all times with clients.
- Identify risk factors and current supports available and develop an appropriate action plan in partnership with the client.
- To therapeutically engage clients in motivational and relapse prevention interventions
- To provide advice around harm reduction and safer drug use, promoting a healthier lifestyle at all times.
- To support GPs, primary healthcare workers and other disciplines in the management of drug users in their own area of work.
- To maintain accurate, confidential records of clinical practice.
- To maintain statistics on contacts and activity. And co-operate with patient information statistical returns and data collection.

	<ul style="list-style-type: none"> • To operate within all the policies and procedures and guidelines as stipulated by Turas and your own professional regulating body. • To participate in clinical supervision for support and guidance • To actively participate in team meetings. • To be flexible regarding working hours in line with the needs of the project.
<p>Person specification</p> <p>Qualifications and/ or experience</p>	<ul style="list-style-type: none"> • Professional qualification in Counselling & Psychotherapy. • An accredited member of a professional body such as IACP, BACP, IAHIP, IAAAC, (or other recognized professional accrediting body). • Ideally two years experience working in the addiction field or a Diploma in Addiction Studies. • Ideally previous experience in facilitating groups.
<p>Skills, competencies and/or knowledge</p>	<p>Knowledge</p> <ul style="list-style-type: none"> • Demonstrate an understanding of the causes and symptoms of substance misuse issues including prevention strategies and need and risk assessment. • Demonstrate ability to plan, coordinate,

implement and evaluate client care.

- Demonstrate experience of case management and confidential record keeping practices.
- Demonstrate experience of working across multi-disciplinary teams.
- Knowledge of evidence based practices for working with substance mis-users.
- Experience of working with clients in a community setting.

Skills

- Analytical and problem solving skills.
- Ability to manage case files on an independent basis.
- Ability to work co-operatively as part of a team.
- Time management skills.
- Ability to consult, liaise and negotiate with clients, carers, family members and other professionals.

Organising

- Demonstrate administrative ability incorporating an understanding of existing organisational structures and reporting relationships.

	Communication and Interpersonal Skills <ul style="list-style-type: none">• Demonstrate high levels of interpersonal and communication skills.• To foster positive working relationships with partner agencies and organisations.• Demonstrate effective presentation skills including the ability to present information in a clean and concise manner, the ability to facilitate and manage groups.
Other requirements specific to the post Code of Ethics	<ul style="list-style-type: none">• Garda Vetting• At all times to adhere to the Guidelines for Best Practice as defined by the IACP / BACP / IAHIP.